



# JAMIE LYNN CHEDIAC, RMT / CYI

## EDUCATION

Canadian College of Massage & Hydrotherapy / 2200 Hour Diploma  
With specialty in neurological & pregnancy conditions

Graduated 2004

## CONTINUING EDUCATION

Alikir Aromatherapy Training - Lucie B. Mainguy, Aromatherapist	September 2005
Schweitzer's Deep Tissue Therapy - Basic Level, Gary Schweitzer	September 2006
Therastone, Guided Mentorship with Leah Gerrard, RMT	December 2006
Essential Oil Training, Level 1-2-3 with Casaroma Wellness	January 2007
Personalized Injury Prevention for Therapists, Fiona Rattray	May 2007
Perinatal Professional Development, Trimesters Massage Therapy	June 2007
Schweitzer's Deep Tissue Therapy - Basic Level, Gary Schweitzer	July 2007
Schweitzer's Deep Tissue Therapy - Advanced Level, Gary Schweitzer	October 2007
Birth Doula Training with Hilary Marenette, M.Ed., CD (DONA)	June 2008
OSCE CEU Examiner - 1 <sup>st</sup> NS MT Board Exams with Sarah During	August 2008
200 Hour Yoga Teacher Training - Therapeutic Approach Yoga Studio	January 2010
Schweitzer's Deep Tissue Therapy - Basic Level, Gary Schweitzer	October 2010
Schweitzer's Deep Tissue Therapy - DVD Education & Exam	November 2010
Gaia Adventures - Foam Rolling Workshop, Catherine D'Aoust	September 2012
AuthMethod, Sidelying Self Study with Shari Auth	October 2012
Indian Head Massage Certification - Shawn Foubert, RMT	March 2013
Schweitzer's Deep Tissue Therapy - Basic Level, Course Assistant	October 2013
Ashiatsu Therapy, DeepFeet, Barefoot Basics, Nicole Ramien RMT/RN	November 2013
Ashiatsu Therapy, DeepFeet, Anterior / Sidelying, Nicole Ramien	November 2013
Ashiatsu Therapy, DeepFeet, Ashi-Thai & Advanced, Nicole Ramien	March 2014
Canadian Institute for Ashiatsu Massage Therapy (CIAMT), Level 1.	May 2015
Transdermal Supplementation of Magnesium, Iman Willoughby, RMT	May 2015
AuthMethod, Ethics of Self Care, Self Study	June 2015
Barefoot Masters, Self Study	September 2015
CIAMT (Barefoot Massage), Level 2 with Nicole Ramien RMT/RN	October 2016
AromaTouch Technique Training with Jamie Rip	March 2016
Deep Flow, Level 1 with Mylene Bergeron, Manual Therapist	August 2017
Certified Infant Massage Instructor, Tina Allen, LMT - Orlando, Florida	August 2018
Barre Teacher Training, Erika Ferguson, Halifax, NS	September 2020
Breath & Bliss Immersion with Jill Miller (Virtual)	November 2021
Sarga Barefoot Massage, Levels 1, 2 & 3	February 2021
Reiki, 1 <sup>st</sup> & 2 <sup>nd</sup> Degree, Leah Hunnako with East Coast Reiki	September 2022
Fundamentals FashiAshi with the Barefoot Massage Center, Albany, NY	June 2023
Barefoot Intensive with Jeni Spring, San Antonio, Texas	July 2023

## AWARDS & RECOGNITION

Best Massage Therapy Clinic Award - Platinum	November 2023
The Coast 'Best Massage Therapist in Halifax' Award - Gold	November 2010 & 2012
The Coast 'Best Massage Therapist in Halifax' Award - Runner Up	November 2008
Yellow Pages 'Make it Real' Small Business Award	June 2008